



FROGGIE CUP 2010
9.-10.1.2010

Annex A - TECHNICAL DATA

1/2

TECHNICAL DATA, MINIMUM REQUIREMENTS FOR A-SERIES

Springs A, girls born 1998 or younger (ISU Judging System)

Free skating program, time max 2 min 30 seconds (+/- 10sec)

Max 5 jump elements of which one must be Axel type of jump.

- at least 3 of different nature double jumps (all double jumps can be attempted)
- max 2 jump combinations or jump sequences (only 1 combination can consist of 3 jumps)
- each double jump can be repeated only once except if it is repeated in jump sequence or jump combination

Max 3 different spins with different abbreviations

- one combination spin with min 8 rev, change of foot not compulsory
- one spin with one position without change of foot, that can be started by a jump, min 5 rev
- one spin with different abbreviation than the two first mentioned

Max one step sequence (straight-line, circular or serpentine)

Spiral sequence with min. of 2 unsupported spirals

Debs A, girls born 1997 or younger (ISU Judging System)

Free skating program: girls 3.00(+/- 10sec), girls max 10 elements,

Max 6 jump elements one of which must be Axel type of jump

- Min 1 jump combination and total max 3 jump combinations or jump sequences
- Each double or triple jump can be repeated only once except if it is repeated in jump sequence or jump combination
- 1 jump combination with 3 jumps allowed, other combinations with max two jumps
- There should be 4 different double jumps in the program

Max 3 different spins with different abbreviations

- One combination spin with min 8 rev, change of foot not compulsory
- One camel spin with one change of foot, min 4+4 rev
- One spin with one position without change of foot, which can be started by a jump, min 5 rev

Step sequence (straight-line, circular or serpentine)

Novice A, girls (ISU Judging System)

Age and requirements in accordance to the ISU Rules

Short and free skating program



FROGGIE CUP 2010

9.-10.1.2010

Annex A - TECHNICAL DATA

2/2

TECHNICAL DATA, MINIMUM RECOMMENDATIONS FOR B-SERIES

Cubs, girls born 2000 or younger (Finnish star evaluation)

Free skating program, time max 2 min 30 seconds

- all single jumps
- axel (or attempt) and/or max one double jump
- three different spins (at least 4 revs / spin)
- step sequence covering 2/3 of skating rink
- two unsupported spirals

Springs B Girls and Boys, born 1998 or younger (Finnish star evaluation)

Free skating program, time max 2 min 30 seconds (+-10 s)

Max 5 jump elements one of which must be Axel type of jump

- each double jump can be repeated only once except if it is repeated in jump sequence or jump combination

- min. one double jump but all double jumps can be attempted

- max. two jump combinations or jump sequences

- 1 jump combination with 3 jumps allowed, other combination with max two jumps

Max 3 different spins with different abbreviations

- one combination spin with 8 rev, change of foot not compulsory

- one one position/foot spin that can be started by a jump, min 5 rev

- one spin with different abbreviation than the two first mentioned

(one foot and 1 position spin with min. 5 rev. or combination and change of foot spin with min. 8 rev)

Max 1 step sequence (straight-line, circular or serpentine)

Min. two unsupported spirals